



2nd Helping Hands Program

2nd Helping Hands program of the Myanmar Garment Manufacturers Association (MGMA) to earthquake victims in Nay Pyi Taw and Pyinmanar on 7th to 9th May, 2025. MGMA supported and pilot to the area of Pyinmanar region to (233) families in Yan Aung (2) Quarter, (251) families in Aung Zay Yar Quarter, 38 workers from garment factories donated relief package includes " Rice, Oil, Dry fish and Beans" including cash assistance.

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Upcoming Activities

<i>No.</i>	<i>Descriptions</i>	<i>Date</i>	<i>Venue</i>
1.	OSH In-factory Training	June	Member Factory

Membership Update

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2nd Helping Hands Program



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The pilot region covers the cash assistance to collapse building and dead family members who were earthquake victims. MGMA donated the tapawlin shield and cash donation to Aung Zay Yar Monastery

which is affected of earthquake victims on 7th and 8th May, 2025.

In addition, MGMA extend the relief process for donate cash assistance to Ministry of Science and Technology, Ministry of Labour, Ministry of Commerce and Ministry of Industry on 7th May, 2025. MGMA implemented the CSR activities to earthquake victims of relief camp in Wunna Theikdi Stadium, donated helping hands package and cash assistance to (115) families on 9th May, 2025 under MGMA Helping Hand Program which is heartfelt contribution by KOGAM, JGMA, CTGA and MGMA Members including sourcing buyers.











The Monthly MGMA Executive Committee Meeting

The Monthly MGMA Executive Committee Meeting was held on May 13th, 2025 at MGMA meeting room . Managing Director of MGMA chaired the meeting.



In the meeting, CEC/EC members discussed about following process :

- ☐ feedback of Fashion in Style 2025, attended by 11 participants by MGMA
- ☐ feedback of Helping hands program and CSR activities in Mandalay, Sagaing, Amarapura and Innwa, Nay Pyi Taw and Pyinmanar
- ☐ registration of Textile and Apparel Enterprise Sustainable Development Training program of Donghua University by MGMA
- ☐ Myanmar Pavilion participation to upcoming Expo in Apparel Sourcing in Paris, 2025 on 15-17 September, 2025
- ☐ request the collaboration of buyers' delegations to Intex Sri Lanka on 6th to 8th August 2025, at BMICH
- ☐ request the collaboration of 6th Brazil International Apparel Sourcing Show 2025 in São Paulo, Brazil organized by CEMS-Global,
- ☐ process of Annual General Meeting on 28.6.2025

The association's Chairman, Vice-Chairman, Secretary General and Central Executive Committee/Executive Committee attended the meeting.

Occupational Safety & Health Management System

(In-Factory) Training (One Day Training)

Occupational Safety & Health Management System In-Factory Training (One Day Training) was held on May 16th and 27th, 2025 at Musung Garment Co.,Ltd and Zong Hong (Myanmar) Garment Co., Ltd, organized by Myanmar Garment Manufacturers Association (MGMA).

Senior Labour Officer of MGMA U Min Soe Han gave opening remarks. In these training, Labour Officers from MGMA presented Basic concepts of Occupational Safety and Health, Occupational Safety and Health Laws, Roles & Responsibilities, Workplace Hazards and Prevention in Garment Industry, Risk Management System, Occupational cleanliness and waste management, Occupational safety and Health Management System, Emergency Preparedness, Fire Safety, Electrical Safety, Chemical Safety, Occupational Health Hazards and ways to prevent, Building Good habits/Practices & Auditing with open discussion and Q&A session.

Senior Labour Officer of MGMA U Min Soe Han gave closing remarks and awarding certificates. Total (19) OSH Committee Members and office staff from Musung Garment Co.,Ltd and (21) participants from Zong Hong (Myanmar) Garment Co., Ltd were attended the training.

Musung Garment Co.,Ltd





Zong Hong (Myanmar) Garment Co.,Ltd





National Skill Standard Authority (NSSA) Level 1 Assessment

National Skill Standard Authority (NSSA) Level 1 Assessment on May 15th-16th, 2025 at MGHRDC Assessment Center.

(30) Operator level workers were assessed on multiple choice questions as well as practice tests of 5 types of machines: Single Needle Lock Stitch Machine, Four Thread Overlock Machine, Button Hole Machine, Button Attached Machine, and Bartack Machine.

National Skill Standard Authority (NSSA) Myanmar aims to develop a skill-based workforce capable of competing not only locally but also internationally.



Basic Sewing Machine Operator Training (Batch – 253)



Batch – 253 Group Photo

Basic Sewing Machine Operator Training (Batch – 253) was held from April 28th to May 16th 2025 at Myanmar Garment Human Resources Development Training Center (MGHRDC), organized by Myanmar Garment Manufacturers Association (MGMA).

Principle of GTHS U Zayar Aung and Manager of MGHRDC Daw Mya Thidar Soe gave opening and closing remarks. In this training, training instructor from MGHRDC lectured knowledge of sewing and sewing method step by step with

practice session. MGMA conducted the awareness of labour law in factory. Total (33) trainees attended the training and awarded certificate.



Principle of GTHS giving Closing Remarks



Manager of MGHRDC giving Opening Remarks



MGMA conducting Labor Law Awareness



Safe Migration Seminar by IOM



Practice Session



**Trainer of MGRDC presenting
Sewing Method**



**Trainer of MGRDC presenting
Sewing Method**



Practice Session



Awarding Certificates



Awarding Certificates

Advanced Sewing Machine Operator Training (Batch – 11)

Myanmar Garment Manufacturers Association (MGMA) organized Advanced Sewing Machine Operator Training (Batch – 11) was held on May 19th to 30th, 2025 at Myanmar Garment Human Resources Development Training Center (MGHRDC).

In this course, the trainer conducted parts of the fabric such as bag cover, spiral, shoulder corner seam, pocket, different types of bags, simple zip method, how to install a zipper, sewing sailor's tongue, long sleeve shirt and "A" skirt with belt. In addition, (6) special sewing method such as Buttonhole sewing machine, how to sew button using sewing machine, Bartack Machine, Overlock 4 thread, Overlock 5 thread, 2 Needle taught by trainers from MGHRDC with practice session. The training attended by (10) trainees.



Batch 11 Group Photo



EC of MGMA Daw Hnin Thet Mon giving closing remarks



Practice Session



Trainer of MGHRDC presenting Sewing Method



Practice Session



Group Work



Trainer of MGRDC presenting Sewing Method



Awarding Certificate



Awarding Certificate



Trainer of MGRDC presenting Sewing Method



Trainees of Advanced Sewing Machine Operator Training

မြန်မာနိုင်ငံအထည်ချုပ်လုပ်ငန်းရှင်များအသင်း
နဝမအကြိမ် နှစ်ပတ်လည် အသင်းသားစုံညီ အစည်းအဝေး ဖိတ်ကြားလွှာ



မြန်မာနိုင်ငံအထည်ချုပ်လုပ်ငန်းရှင်များအသင်း၏ “ နဝမအကြိမ် နှစ်ပတ်လည် အသင်းသားစုံညီ အစည်းအဝေး ” ကို အောက်ပါအစီအစဉ်အတိုင်း ကျင်းပပြုလုပ်မည်ဖြစ်ပါ၍ အသင်းသားများအားလုံး စုံညီစွာ တက်ရောက်ပေးကြပါရန် လေးစားစွာ ဖိတ်ကြားအပ်ပါသည် -

(က)	ကျင်းပမည့်နေ့ရက်	-	၂၈.၆.၂၀၂၅ (စနေနေ့)
(ခ)	ကျင်းပမည့်အချိန်	-	ညနေ (၄:၀၀) နာရီ
(ဂ)	ကျင်းပမည့်နေရာ	-	Grand Ballroom, Chatrium Hotel Royal Lake Yangon.

ဆက်သွယ်ရန် ဖုန်း - ၀၁-၂၃၁၄၈၂၉၊ ၀၁-၂၃၀၀၂၅၃ (လှိုင်းခွဲ ၁၃၊ ၁၄) ၊ ၀၉-၆၆၆၅၈၂၂၂

အလုပ်အမှုဆောင်အဖွဲ့

MEMBERSHIP UPDATE

New Members in May 2025

Country	No. of New Member Factories
China	6
Total	6

Membership Update as of May 2025

Status	Country	No. of Factories
Active	Myanmar	64
	China	342
	Korea	55
	Japan	17
	Others	20
	Joint Venture	25
	Local, Sub-Con, Marketing, Inspection, Textile	50
Total (Active)		573
Temporary Closed		55