



ပြန်တန်းငြုံ ဘဏ္ဍာ၏ချုပ်လုပ်ငန်းရုံးပြင်ပြားဘသင်း

MGMA

၁၀ နှစ်တာ မဟာဗုဒ္ဓဘာ အစီအစဉ်

၂၀၂၅ - ၂၀၃၄

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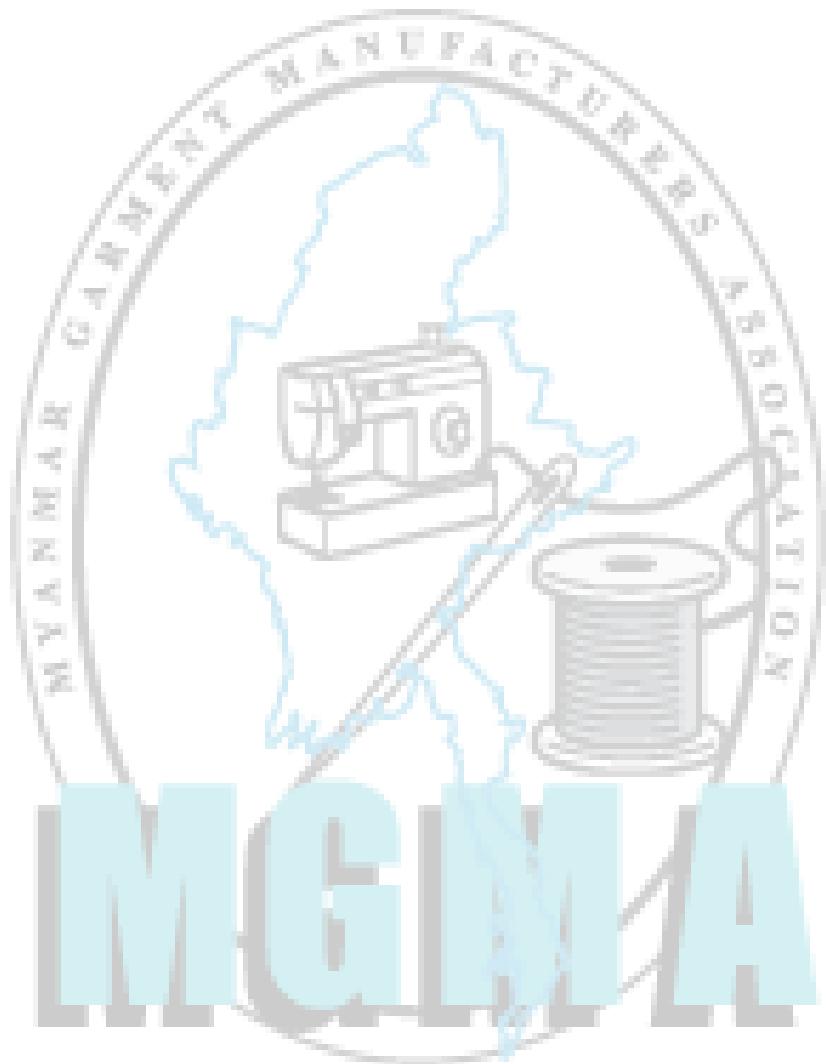
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t&r;vf - managingdirector@myanmargarments.org

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အတိကောက်စာလုံးများအမိပ္ပါယ

AI	Omp&nfvk
ASEAN	ta&Swmi ft m&SfH; tzu
B2B	pDh;a&v krefwpECSwpcayi faqmi &Ujci f
CAD	u&fwt ult nD i hDfa;&qkif
CAM	u&fwt ult nD i pörfm;xkvf kif
CMP	vufpm;^ukfSurfay; ufcsm, þepf
EC	t v kfraqmi &umfwD
ERP	t "dipDh;a&v krefp0ft &i ft jrpfm;u&ji fpym;onft pDp0þepf
EU	Oa&myor*3/4
FDI	E&fjeh; w&f&f i E&SES
FOB	t xnflybns&fity&nfvpct wuflyfomukfurfm;ukt m;v kmoef lyDpt qkl xkvf kfunqyfurnfrSi ay;onþepf
GSP	t c&fui fv&f&f b&f&f t xltc&fta;&ch;cl &S&onþepf
HRD	v&f&ft; t &i ft jrpfm;w&f;
IHH	E&fWumowiftcaufvufme
ILO	t jynfynq&f&f tv kform;a;&mtzu
INGOs	t jynfynq&f&f t p&f kvaontz&f&f pnfm;
IR	v krefu@qu&f&f qu&f&f;
KPA	t "dip&faqmi &ne, fy, fm;
M & E	apmifun&f&f qmci f&f t ujzwfolby&f
MEAL	apmifun&f&f qmci f&f t ujzwfolby&f i fwmoe&f&f foif jci f
MGIB	jrefmE&fH xnfly&f&f krefr&f&f bPf
MGMA	jrefmE&fH xnfly&f&f krefr&f&f toif
MGHRDC	jrefmE&fH xnfly&f&f krefv&f&f t &i ft jrpfm;pi fm
MOU	em;vnfbmclef&f&f x&f&f

MRGMA	rEÅv;wta' ouDt xnflykfe&Sf; toif
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MTMA	jrefmEflfnfseSf xnflykfe&Sf; toif
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ମିଠିଲାଙ୍କଣ୍ଟ

မဟာဗျာ။ ဟာရေးဆွဲသည့်လုပ်ငန်းစဉ်နှင့် နည်းလမ်း

FUTURE DEVELOPMENT INITIATIVE LEARNING HUB (FDILH) fdilh.org



ଅନ୍ତର୍ଜାଲ

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ମହାଖ୍ୟାତମାତ୍ରିକାରୀ ରାଜ୍ୟଗୁରୁ

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အသင်း၏ နေဂံခံသမိုင်းကြောင်း

toifoi funf¹; onfv²; ayi fav; oelfi gaomi fce³; tv⁴ kft⁵ t⁶ oufr⁷ orfaumif t⁸ cf⁹ vrfay; x¹⁰; E¹¹ h¹² onfrd¹³; pk¹⁴
ayi fr¹⁵; p¹⁶ tr¹⁷ [ylae&onfv¹⁸ kfefu@u¹⁹ h²⁰ &onltw²¹ oftaejzi²² Rf²³ hyonf2002c²⁴ Es²⁵ refm²⁶ E²⁷ H²⁸ x²⁹ n³⁰ lf³¹
vkfe&S³²; toif(MGMA) pwifvn³³ x³⁴ mi³⁵ p³⁶ u³⁷ toifoi³⁸ 270³⁹ z⁴⁰ ft⁴¹ p⁴² y⁴³ i⁴⁴ ayi fr⁴⁵; p⁴⁶ M⁴⁷ m⁴⁸ onE⁴⁹ r⁵⁰ toifoi⁵¹ fa⁵² &tw⁵³ uf⁵⁴
onfv⁵⁵ nfood⁵⁶ mon⁵⁷ D⁵⁸ i⁵⁹ f⁶⁰ m⁶¹ j⁶² onf2024c⁶³ Es⁶⁴ ft⁶⁵ oifoi⁶⁶ 600⁶⁷ au⁶⁸ m⁶⁹ c⁷⁰ ai⁷¹ fu⁷² refm⁷³ x⁷⁴ n⁷⁵ lf⁷⁶ kfefu@\\k⁷⁷ jcnf⁷⁸
us, j⁷⁹ y⁸⁰ w⁸¹ u⁸² f⁸³ m⁸⁴ ci⁸⁵ fu⁸⁶ k⁸⁷ f⁸⁸ y⁸⁹ p⁹⁰ onf⁹¹

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to iſt aeſzi ſrefmilt xneſy kfeſr ſxkveukfm; twuſapsuſt opfm; && p&ewuſuſhaqmi ſluſuſt ſpnfukſnifyſm; pðm;a& rdžuſuſvukſnifyſm; uſi fyjykvkyjci ſtjynjynqk ūkpnifyſm; wiſi ſ&muſyojci fzifrefmilt xnf
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ylayqfi aqmi&ufci fsm;vnfvkfqmifonf

jrefmEifHxnefykfe&fsm;toif(MGMA) onftpl? tijnjyfnqldtztlnpnfrm;Eftjcm;qufyfwbu6hsm;tm;vksn
csdqufumrddoiifsm;\tuslukfsm;jyK txnefykfe@wkufltwuftaxmuftujzprnHdfrsm;Efpnfrsfsm;
xufy:vma&ulqqaElicifsm;vnfvkfqmiyponf

tcqdi fulawmfwtoif mrdzuf zlwqufywbuwht zlwtrmlnblxuwlkfu, ftkvlykifkifmifawmf
tpdoy crsoblawue tjynjnqk tptkr [kvtz zlpnawlykvdun@&i fESSEslawlvufvimi foobwefkifyjcm;
emntu Dukfrsnvphawt xlyw, fulawmfwfHli sntkblvifkifwvfh; OfausrpmwwajrmuEefri hwhvDla&ey/
, SfEifp&vbxkfb&dlawallumi ftjynjnqk mtnelyi frpwitwuft&rfuhaqmi f&Sfhe&mpcfzpfvmaeytD

toi founkxkublifwfeqapum (https://www.myanmargarments.org/about-myanmar)

toifonftem*wft x nelyf kfe@wi f&&bfwnfvbm tavltusi hui hsi &eftav; xnyponf i fwifpbyppof
rsmalumi kdkifavhba&?pft ifak&muFSA* [pepo [Zmwjzpafomypofr; toifkifubobm0yw0efusi qkif
rlukvbonftpyt; ypi fym&efkaqmi fyrnfrlmao; ci fes; twifjrefmEifH x nelyf kfe&Sf; toif(MGMA) taejzi h
unvkykif t x nelyf kfefaxxmuifhli fqufkbobmonftusbu&muftb nCOVID-19 uipus&m*palumi fypay:vmaom
pelac:rh; uajz&S&mwifvwsfphiyipi fqmiflnebontoi fofm; twlnu, q, f&aqmi &ufit;?pfaqmi &nifh
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xHji frefmEifH x nelyf kfe&Sf; toif(MGMA)onft x nelyf @twif pfpv, ftolulajymi frutif hsi &mwif
pfaqmi &nifh. SfEifp&vbxkfb&dlawallumi fefcwfEifnynmr; ukljymi fvlsu bktifukt; ay; yponftoi fofunf
wkuvesaomvlyesuf; ulnbnqnfay; Eifvlyk; m; \ t&nfci fufif hsi &eft p0ftjrlt mifkifeyonf2024 cEif xdrS/f
vkf qmi thomr [mAl [mrs; twifjrefmEifH x nelyf kfe&Sf; toif(MGMA)onfrefmby; a& tcift usi fwif ft "duaom
tzl pnf t jzpfqufufvnf; dtem*wfumv jrefmEifH x nelyf @u&&bfwnfvbm thomwku fesunp; a& olyif
pn&equfufvirmi fessb; rnjeppnf



အခြေအနေကို သုံးသပ်ခြင်း

tvkform; Es wfbuafom tpytthm; onfvkkm; tiftm; qkmpkdfhm; ukljz&efulyfrhm; uki f yfpchbnfodmfvnf
ajzlmum; oltrsm; t jym; onfr [mAk [mvkfepl0fsm; wifxi fwnt cefu@rsm; udknbl fayj fpym; jcifr&Smtiyi fapm11unkef
odfcifest ulzwci f(M&E) tpDp0f&pi frsodmx i &saomvlt ycsufpctkizpfrlarmi fxqybcnf

&fazw@sf;onft xnfly@\\urq;aps uESyfynf faps uufsjym i fvrhsm;ulm;vnfp&efxmuifonft csufsm;plv nf ygi fyp;onfjynf faps uubnEsf;rnwnf dFESt vkrform;a;μpm;ubm;om talumi &i frsm;?old bld Esfoufhs; Eszu&sf;palumi fajymi fvrhsm;ireqefi fwk;ay;wi flwnaeypnf

xHji EkfWpfk aejzi ft plrdj rs; ajym fvhjrefefvbfci fonf, Hinfuksyf; aplyDvha&t & vkuem&rnftcsufm; Es, f
vufbuyer) vHycufm; ukt aumi ft xnfz:&mwlt aE&it, SijzpfpH Onfukonfxfymu yHqmi fl o, f yH
Murfm; twlfukfup&dfm; jri twufmjci fes twlofukfueBwfsufm; &Smjci fonfynwfukfrs/fvHdfm; twlfvjkf
vnfwflikfup&dfm; wklvnum*i fw* vkom; t ifm; uktqufxm; &efukfpm; aeonfukf; twlfutjrwt pfeenfyg
vmaponfukf; vnfawf; vmapnf

w%kvEfwitxnflyfu@ulfusi fvkom;&sygvnjci fesatDufka&mpfpofrm; xkvfkfwifyt m%kfvnjci falumi fi fw%
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EfH; Esh ojyefekbonykcvpmoufbnjci fonfrefEfHwluftu%kifnizpbnf knfolyuyonfpefcrlbm;&vih
upm; t%&slkfrsvfH; t xlojzi hyefuND m;EST w%kvEfHwfonfrefmEfNtxnflyfuk; tay:pd/0ifm;rlqufvldf
&leyponfodvnEfH; rwnlfdfitvkyform;a;&muion?tajccHaqmuft0DvkvmuftEfHsafyfmulfusi flui[csuwl
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ouq[h]b[y]p[i]f[o]n[t]a[j]t[a]e[o]k[y]c[i]f[f]e[m]t[x]n[l]y[k]f[e]f[t]e[m]*w[a]t[m]i[j]r[f]&[a]p[&]e[f]t[w]u[a]t[m]u[y]r[m]A[m]aj[r]muf
t[l]u[y]u[f]u[m]u[k]t[l]u[y]u[n]f

1/rwhðomapsuðfsm; - jrefmlt xneðlyf/jfefonft m&Spfie&S, fvuðquða; topfm; uðefvði fzi hapsuðvþpðkvnf
tay: rðkþfðuða vðboiðbnf þenfA[monft vðftýfE[lðuð tajcylx; m; jci fukði fðapsuðuftwufuso[kvf
tjcm; taEñf, Sfsm; qfsm; tm; enfcufsm; uðvðabay; rnjfpðonfay: xðfpapsuðvþfsm; uðpfS; fcm; lyðukð; frd/ðuft opfm;
xðxmiðci fzi hrefmlt xneðlyf/jfefonft i fce[hE[fñvñlifdflu[fñvñlifdflu[fñvñlifdflu[fñvñlifdflu[fñvñlifdflu[fñvñlifdflu[

3/vkfbm;xkquqf&uksifif- vkbm;xkquqf&uksifif fonfvkbm;rs\raueyfESnldfoufh;EStqufyfom
tE\, fm; uksifif youfbmap&eft wlfst a&uksifif fonfvkbm? vkfefcl ft ajctaers;ESn vksifif uksifif macmi fsl&wlfst kbf; f
ajz&Sfcifonftjylobmaqmi fomtzififpnfqf\, Ofsusrwpfeyfudzmaqmi fay;rnjzpfyDtyufabmaqmi fomvb&fum;ESn
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azmifci fylfifri fomaomquf\, f&ESn fmaomqE\, fylfifri fyaqfaE\, ftnh\, E\, (cfm;quqfifci fufv\, fum;E\, fci fubv\, fum;ukt
taumi ft xnfazmifci fofpovrfn\, fcsuft wlfst "dajcv\, fsm;jzpofonf

4/jynfvl fukfr&vHdflm; zlwklu&pjci f- jynfvl fxkvfukfr&vHdflm; wklu&fjci fonfylkflm; tay:re&tm; rlu&vbk&fjy&dynfvl fp&f; a&; cE&nf&tm; cl&maprnfp&bnfjynfvl fp&fD&f; kfe&Sflm; u<tm; ay;jci fES&ox&uftxnf cl&fty&fr&vHdflm; wk&di fon&fai &vr&f&tm; u&ly;aply&D&D&a&; zl&kl&fjci fay; umur&u&lfvflm; fwjcm; em; on&jynfvl fxkvft xne&fukfr&vHdflm; jzpfay;vma&; taxmu&ft u&zpf&mrn&fp&bnf

အားသာချက်များ၊ အားနည်းချက်များ၊ အခွင့်အလမ်းများ၊
မြတ်စွောက်မှုများ ကိစ္စခြမ်းစိတ်ဖြောင်း
(အသင်းနှင့် အသင်းဝင်စက်ရုံများ)



အားသာချက်များ

- ပါန်းစီမံချက်များ;
- အားနည်းချက်များ;



အခွင့်အလမ်းများ

- အားနည်းချက်များ;



အားနည်းချက်များ

- ပါန်းစီမံချက်များ;
- အားနည်းချက်များ;
- အားနည်းချက်များ;
- အားနည်းချက်များ;
- အားနည်းချက်များ;
- အားနည်းချက်များ;
- အားနည်းချက်များ;



မြတ်စွောက်မှုများ

- ပါန်းစီမံချက်များ;
- အားနည်းချက်များ;



အားသာချက်များ၊ အားနည်းချက်များ၊ အခွင့်အလမ်းများ၊ ပြိမ်းခြေက်မှုများကို ခွဲခြမ်းစိတ်ဖြစ်
(အသင်းနှင့် အသင်းဝင်စက်ရုံများ)

ଆମେରିକା

ulrfusi fvjkfom; rsm;
jrefmEhfWf fpufklyulrfusi fESht awltbulf&i fisufoim vlf
om; tifm; &Snf(t xnflyt cefu@wpckvkl

ukEip&d/fx&mufl
vlf t m;coufbmpfjzi hqf Kfom xkwf kflukEip&d/bnf
odmx i ffaomt m;omcsufzpbnf(txnelyftcefu@wpfk
vN

, Unfdrl
owf&uftwifkyfpyDtccefspöfwifyfDnRf
owi faumi fpufk;wifnf(txnflyftcefu@wpfkvX

buf~~k~~fusijcf
aqmi &moDwf u~~D~~ygt0if rnbnft xnf~~k~~qkpu~~k~~rS
clay;Ebf(toi0if puf~~k~~)

tmaumi fonftz~~nf~~pnf
jref~~E~~~~H~~xnflykfe&Sfm;toif(MGMA)wift~~oif~~yf~~f~~
&~~H~~ct ifm;awmi bvi flyDt&nftcsifynfon~~nf~~z~~nf~~uyf
twnf~~nf~~taictaeu~~nf~~fon~~nf~~aw~~nf~~nf(toif)

tpkukufuywifEif
jrefEifxnflykfe&Sfsm; toif(MGMA) onfouqif
&moefEifxmerm; Eshaumi frfom quqif; rsm;&Dtxnflyf
u@Eshywbuf tu\$Onhwijsrhm; udkjykvkEif
(toif)

toififiuh₁
jrefE₁HT xnf₁yf/kfe₁&Sf₁m; toif(MGMA) onftoi fof
tcsi fcsf csd/fquE₁b₁n fit cl₁ vrf₁? oi fveft p₁p0f₁?
CMP o₁f u₁k₁f/kfe₁v₁hi f₁m; Esywbu₁s₁maxmuf₁u₁f₁m;
xkvayici fw₁u₁h₁D₁E₁fonf(toif)

pnf&ft ft &ft Og
tpn&ft ft enfvrfz i hrDg rm; tay: jrefmEl
txnf&ft fe&ft; toif(MGMA) taejzi fouf&muf ft
rHnf(toif)

အားနည်းချက်များ

uk flt rSwfHf; tqiDifzpfafjcif
vufpm;pepfCMP) r\$ xnflyblu k wlfyfnfpfktwluf
vllyfom uklurfr; uktm; vkmoeif yDptqkxkfjkf
um qdfrfrSwify; onpepf (FOB) oMajymi &ef tajccH
taqmuffODrvkvmuici fallumi FEdfwumukfbg flwf, of
Ndsftm; uHESfE Sponf(txnflyftcefu@wpfcvX)

Vkform; xESqquq@&;
tvkform; or P@; ESSquq@; fl t@;enfc i fESqyayj faqmif
& Uftf@; hi falluni tkvkeft w@; fy#glu@;g; ESS@; aES@; ft , Sifm;
izpafy; aponf(txnflyftcefu@ wpfkv HES@; oif)

enfynmulkfusi fl
t xnflyf ykfe wlt xnf v yl enfynm&fr; &sygr Eft xl
jy/lav bisi lk; o i fvefausmi fr; &sygr lwlumi fqefopfv lk; fl
Eanfynmq lk; wluft m; ukt [eft wmljzpaponf
(t xnflyft cefu@wpfk lk;

toif tajcchaqmuftOD
oþer defae&ESavbisi &; taxmuft ujlypörfm; r&Sif
allumi ft oif vjkefvnfwEhfptfaqmi &nftkt [eftwm;
izpfaplyD tzlfpnfwEhfpuvsi; qhf vjkefrm;ESh tzdi fsm;
xawdqufqhl;ukal&muftvjkfaqmi Ehfefvnft ueftowf
izpaeonf(toif)

apwembeſkrftcſely; Elſit uelſowf
toiftaejizi h tvjſtrqmi ſumfwDif t aN apwemt
avmufb0ay; Elſom t cefuſk Dif wuf vjkefvnfwf
Elſibf&n Eſt utbūf&mufwuk menfaponf(toif)

ultrfusi fl u[csuf
txnelyftcef u@wpck kEShjrefmEltfH xnefyv kfe&sf
rsm;toi f(MGMA)onfv kfefv klyfcsufsm; EShzlt pnfq klf
&nfsfcusfsm; ulkazaqmi fy;&eftwluft a&yonhulfusi fl
qlfslmykbfsm; y@i fl enfygici fEShulfusi fl u[csufsm; ESh
tjcm;qufyfaompelc:rhs; ulkazhulvEltbf
(toi fiufk: EShoi fi

အခွင့်အလမ်းများ

jynfvl fukft rsfvblydMvLwvuf&;
jynfvl fukft rsfvblyfsm; BuDf; vmrLkdv; fuaclmarLbjcif
onfyLkftay; rftm; xm;rLkdv; v; yapum txnflyfkyfef
EsfrefmElfHtxnflyfkyfef&Sfsm;toi f(MGMA) EfkckMif
pDf;a&;BuLkft rsfvblyfsm; i&eft cl ft vrfwpcLkpbnf

Einführung in die

jrefmt xnf yf kfes & Sfsm; toif(MGMA)one Efwum
ub&ufsd/fqufl tcl ft vrfsm; ukt oldsum jrefmt xnf yf
vkfeft allumi fuklunQuoalt mi fr Svi Efwumrad/fufsm; wbf;
aply Dynwfe, edd/fuksm/efuampsulufx hzmu Efwf

of ~~unkt~~ pm; ~~x~~ ~~lit~~ i f

jynfw! ft xnf!y kfefw! jynfw! ftr!svf!y kf!m; u!y
jci fonfol fu!f!t; tay: r!t; m; x!r; l!k!v!b!f!t; x!loz!i h
jrefmE!f!t xnf!y kfe!&f!m; to if(MGMA) \ ar!f!scuf
jzpf!n!k! f!d!v!k!es!d!; a;&a;&f!vn!f!h!k!f!i!y; onf

apsuññajymi fvlci f

t m & \$ r S f v h j f s ; a y : a y q u f m j c i f E S h w h k f u t k h ; a j y m i f a & U
a e & m c x m ; z g f S i f v h o n f a p s u l u f u D x i r E S h v k f e c d l i j c i f
t w l u f v r f a l l u m i f o p f s ; u h t f q h b l y D t x n f l y f k f e f t w i f
r [m A l [m a j r m u f r d f z u f s ; E S h p s u l u f h O r h s ; t w l u f t c l f t
v r f s ; u h t m a q m i f y ; y p o n f

cG ft vrfrsm;

tcl~~ef~~q~~lf~~m t m; o mcsufsm;

Oa&myor*%taumuf&bu&mc ft p&p0fGSP) on frefmh
txnfly y&kf; twlf taumuf&fu if v&wf hay; x&lyD
Oa&myapsu&bu&mc ft &mu&eE&hi fw& y&ukt c ft vrf&u; u&
c&u&efv&kfe&&f&f; twlf, &f&f&f from t&:omcsuf&e
onf

ମିଶ୍ରଙ୍କ ମୁଖ୍ୟ

BuDepf

v&fbn& bktdepf vjk&kv&kenfrm; E&h pnfr&fpnfur
r&monft xnf&lyfv&keft w&fx&mu&bn&hv&fevn&fwfl
uktwm; t&qzpfaply&psu&fv&lyf&ufm; t& ofu&f&ufuf
uf&ES&w&M&f&ukt [e&fwm; izp&ponf

E:\f\&:\E\Sp\Do;a&;rwnlfdfI

E&f&f;rwntdfESpdy;a&raocmra&&mrhs;onfrwnlifdf
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twuftE&m, ft aE&ft, Sfsm;EShapsulufwnlifdfLkzpf
ay:aponf

tpk̚rDd tajymi ft v̚hs;

tph̥rDg̥ rsn; ESpnfrOfsm; ajym i fV̥l̥reEq̥efv̥fc̥i fonf
raocmra&mr̥tsn; ESh̥lyf̥x̥fr̥tsn; ukl̥ jzp̥fy:aplyDpD̥X̥m; aom
vkfeAl̥ [m̥rsn; ESpv̥kfeaqm̥ f̥Uf̥tsn; ukt̥aE̥ft̥, Sifzp̥fp̥
Eksnf

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vtvmuft&om vlyfpfjwft m; jzezr1avmi fmqDywfyf
ESup i bnñxmuft qmif& ukfup&f fm; tygt0i ft ajccH
taqmuf t0Dvtvmuft i fonfxkvfkfESzefz;a&;vkyfref
p0fm; twlufoobmx i &om pefc:rhm; ulzpfay:applyDt xnf
ctyft cefu@wpfkvK , SfEsfkful eVm;aponf

ai əm; q ʌm ue əwfsufm;

bPF\kfepeptwifueBwfufm;ESzpfay:vnEldom yd/f
qHla&; Hm;\ Ndfajcmufrm;onfaiM;vnfwfkm;ESh
&i EPESEm;twluf tEÅ, jzpfpEHD vkfefUD;rEsh
zHwkvuflkt ueffowzpfponf

urfusi fv kōm; a&D ymi fc i f

Eif&lycm;wi fyklumi frēom tcl frvrfm;uk&azneonh
ulfsusi fyklom;rm; xlflojci fonft&nft csi f&om vkf
om;&Sygrhm;EShvylfef ulek&vprft m;ESh, SfNIEKfufd
xalysufym;aponf

ukurf&&B&fI

Vtlyfomypöfsm; Eshqufyfpöfsm; &Saz&mwifcuufthm;
onfxkvfjkltcsf, m;rm; ukt aEñit, SifzpfaplyDvjkfef
&Sfsm; taejziitcsf DikfkvfkfjeaEñit ESEShukfup&v/fsm;
wkvmaponf

အခွင့်အလမ်းများ

tp@pduifm;rl
pu@onfEifjch;oi fi & Skfonft "du@rm; xlSwpfz
NyD tem*wfvlfpdy;a;z Mwvhuobfrnh tvm;tvm;&D
tajccyhtmtqin ls1 trspktwuftvkyftu kft cl ft vrfm;
zewfday;xm;Eifbonyk pdrSm;vnbabmayufpnf

မြန်မာ

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oiAvn&om pnfrOfrm;ESh tph\yuh Dtm:enfcifonf
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w&m;rlwrh&dom, SylfUpay:aplyDifwN&SdeEsfh
apsuLftaetxm;utdfajcmuLponf

avbisi ə&; pelſic:r ksm;
umv&ſi favbisi ſom:ju:n ſeaom uſtſuſi fv:kfom; rm;ae&mwſi f
t pm; x 11efv:kfom; rm; v g fv:i fvuh&ſi fonfv:kfom; t i ft m;
y pf E 11E ſbukv:kf ft m; u 11E ſbukv:kf ſply fv:kfom; &ſygr E ſbukv:kf
iefv nf wflt m; enfv maponf

owiftcaufvufenfynmylf t m enfcif
owiftcaufvufenfynmu k & lf t m enfcif onfv kfef
vnfwflptfaqmi f n fukt aE nf , Sifzpfponf qefopfvD
xifluknft [e lf w m jzpfpumapsu U fym i fv lf m ; E f enf
ynqk lf w k u u ft m ; twlfvbf v m n D xfpf t m i ft celfD
vkfaqmi E f u fukt ue lf owifzpfponf



အနာဂတ်ပုဂ္ဂိုလ်၊ ယုံကြည့်ချက်လမ်းစဉ်နှင့် စံတန်ဖိုးများ



အနာဂတ်ပုဂ္ဂ



ଯୁକ୍ତିବ୍ୟକ୍ତି ଲଭିତା

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zñbñbñvñuſf; wñli fynma&;Eſſvñbñſ; uſl wmuſvñuſy; &rñjþpþonfy; kñm i frëaomrDg rsm; xLufy;&&ðma&;Eſſy;
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စံတန်ပိုးများ

<http://www.mgma.org> | MGMA | 2013

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မဟာဗုဒ္ဓဘောမြောက် ပန်းတိုင်များနှင့် မဟာဗုဒ္ဓဘာရည်ရယ်ချက်များ

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1-5 v\kfbm;rn; uesfmoqjynf\kfe? tv\kfbm;usifwqf\kfe tawh usi h;uksi uawpnsi h\kfe hema&EfrMn[h&pEf;rn;uksi v\kfe usi h\kfeft wuf;ay;ou\kfeqponf\kfe wduwuf&ef



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a *o* *w* *f* *a* *x* *m* *u* *f* *k* *u* *f* *q* *u* *p* *D* *E* *M* *I* *t* *o* *y* *m* *u* *d*
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2-7 t̪xnfylf k̪l̪t̪ & ift̪ jrp̪pi f̪m̪ (Garment Resource Center) w̪l̪ fynfml̪ f̪lynfyp̪ofay; of foht̪; tm̪ y0i ap̪jc i fz i ft̪ csi fcif u̪ef u̪d̪qufl̪; ukt̪ may; &ef

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vlfm;t&iftrjrpftm;aumi fap&ef

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aihlu;tzfnpnfr;ayxlfu&pnfkhEsf

3-5 ai&u; tzh&pnfr; E&sp; d&v kfe&f; t&um; a&&nf
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4-1 d&əbɪwɪt̬wɔ:uərəvəm̬jɪləvɪl̬us̬
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-2 jrefnEft xnflyf kfefS m; toin vmtuk
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4-3 enfyn mukfusi fESF & i ftjrpflaooldltwuf
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4-4 Եղիացի հոսքերը կազմում են գլուխ գույք և բարձր աշխատավորություն

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&nfsiayiciufuhqmi&ufef

4-6 wmoef wmoefESq; kwsufrS/fiq; kmpb;
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းကော် းပြေားရှုလေးဂျင်နှစ်သွယ်ပိုမို လျှော့လျော့

କୁଣ୍ଡଳାର୍ଥାନ୍ତରରେ ପରିମାଣିତ ହେଉଥିଲା ଏହାରେ - (c) ଉଦ୍ଦିଷ୍ଟ କାର୍ଯ୍ୟରେ

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			aqni और सुप्रि (1-1-5)	vप्रदोषकानुकूलीनेवर राज्याधीनी फैसले नुस्खाएँ एस्ट्रोनॉटिक्स व्हेफ़ा, त्वाल ओस्ट्रेटिवर्टियज्ज्ञी f	jrefMEHxgnfVjfe&Smt ie&Smt toifq t×nfvज्ञानीकृत प्रयोगी व्हेफ़ा त्वालों व्हेफ़ा ज्ञानीकृत	outक्षेत्री	उम्म	0प्राय तकिं (1?2?3)	Pdy & HRD Committee, MGHRDC	2025CEST (E&0f	1
1.2	r[mAf [n&nf सुप्रि 1-2) a&&नियानहोवा व्हेफ़ा ti ftग्रा. t व्हेसिस थ्वेस avग्रीडोवा व्हेफ़ा ओफ़ी प्लानी र्स एस्ट्रोनॉटिक्स तोग्रांजरी श्वी श्वी	jrefMEHxgnfVjfe&Smt toifq aeizi बिंदीनावाहोवा व्हेफ़ा ti ftग्रा. ग्रीडेट्वाल व्हेफ़ा भेसिस नियानहोवा व्हेफ़ा व्हेफ़ा ओफ़ी ओप्टिक्स त्वाल व्हेफ़ा ओफ़ी, प्लानी र्स क्ली व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा प्र acwेस्ट्रोनॉटिक्स व्हेफ़ा प्र तोग्रांजरी व्हेफ़ा	aqni और सुप्रि (1-2-1)	Eक्षेत्री यक्षिता व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा एक्षेत्री व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा प्रभावी व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा ओफ़ी, प्लानी र्स क्ली व्हेफ़ा व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा व्हेफ़ा व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा व्हेफ़ा व्हेफ़ा एस्ट्रोनॉटिक्स व्हेफ़ा व्हेफ़ा	vक्षेत्री, प्लानी र्स क्ली व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा	vक्षेत्री, प्लानी र्स क्ली व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा व्हेफ़ा	Pdy & HRD Committee, MGHRDC, Labor Relation and Training Team	2025CEST (E&0f	2		

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		aqm] ef (1 - 3 - 3)		jref]ef, t &nf]ef, t &nf]ef, t &nf]ef oim]ef, t u[ef]ef, t u[ef]ef, t u[ef]ef t wif]ef, t wif]ef, t wif]ef	jref]ef, t &nf]ef, t &nf]ef, t &nf]ef oim]ef, t u[ef]ef, t u[ef]ef, t u[ef]ef t wif]ef, t wif]ef, t wif]ef	jref]ef, t &nf]ef, t &nf]ef, t &nf]ef oim]ef, t u[ef]ef, t u[ef]ef, t u[ef]ef t wif]ef, t wif]ef, t wif]ef	Paty & HRD Committee, MGHRDC, MGMA - EC, MRGMA - EC	2027 - 2028CEfS

tr&nf pof	r [mAf [m&nf&csu&f(1-5) v&h&w&g, u&efm&okym&f: t v&h&w&g, usi m&w&g, t tav&h usi m&w&g, usi m&w&g, t usi m&w&g, usi m&w&g, t p&f&rs, p&f&rs, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	&nf&csu&f: v&h&w&g, u&efm&okym&f: t v&h&w&g, usi m&w&g, t tav&h usi m&w&g, usi m&w&g, t usi m&w&g, usi m&w&g, t p&f&rs, p&f&rs, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	aqm&f&f cu&fr&nf (1-5-1)	v&h&qm&f&f tu&v'f	v&h&qm&f&f tu&v'f	out&f&f&f: out&f&f&f:	um&v	0&f&ay tqif& (1?2?3)
1.5	r [mAf [m&nf&csu&f(1-5) v&h&w&g, u&efm&okym&f: t v&h&w&g, usi m&w&g, t tav&h usi m&w&g, usi m&w&g, t usi m&w&g, usi m&w&g, t p&f&rs, p&f&rs, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t (r [mAf [m&nf&csu&f(2?5.2 w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	v&h&w&g, u&efm&okym&f: t v&h&w&g, usi m&w&g, t tav&h usi m&w&g, usi m&w&g, t usi m&w&g, usi m&w&g, t p&f&rs, p&f&rs, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t (r [mAf [m&nf&csu&f(2?5.2 w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	aqm&f&f cu&fr&nf (1-5-2)	v&h&qm&f&f tu&v'f	v&h&qm&f&f tu&v'f	out&f&f&f: out&f&f&f:	um&v	0&f&ay tqif& (1?2?3)
	t v&h&w&g, usi m&w&g, t t w&f&rs, usi m&w&g, t &f&f, t oif&w&f&f, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	aqm&f&f cu&fr&nf (1-5-2)	t v&h&w&g, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t t w&f&rs, usi m&w&g, t u&w&f&w&f, usi m&w&g, t	out&f&f&f: out&f&f&f:	um&v	0&f&ay tqif& (1?2?3)		

କେବୁଲ୍ ଦୂରୀତିରେ ପାଇବାରେ କେବୁଲ୍ ଦୂରୀତିରେ କେବୁଲ୍ ଦୂରୀତିରେ - (୮) କେବୁଲ୍ ଦୂରୀତିରେ

କ୍ଷେତ୍ରରେ ଦୁଇଅଂଶେଟିକୁ ନୁହଣୁଥିଲା ଏହାରେ କିମ୍ବା

2.3	የ[ክልል] አ& እና ማህተም	አቅም ስበር ኋላ	የፋይናዊ ስበር						
2.4	የ[ክልል] አ& እና ማህተም	አሁን ስበር ኋላ							

tr&f pof	r [mAh [m & n f f o v y (3.1) r [mAh [majmuhf aumif t x n f z: aqni f f i f f i: twf n f f t & t f j r p f (r [mAh [m & n f f o v u f .1 w h i k a d h u k e m m o n f	& n f f o v y (3.1) jrefEEffXnbfyfKffef&f: toifm ft & nft csi fynu fff: aumi f onf vff: t&i ft j r p f: & n f	aqni f f o v y (3- 1 - 1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)
3.1	r [mAh [m & n f f o v y (3.1) r [mAh [majmuhf aumif t x n f z: aqni f f i f f i: twf n f f t & t f j r p f (r [mAh [m & n f f o v u f .1 w h i k a d h u k e m m o n f	jrefEEffXnbfyfKffef&f: toifm ft & nft csi fynu fff: aumi f onf vff: t&i ft j r p f: & n f	aqni f f o v y (3- 1 - 1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)	v k f e f a q n i f f o v y (3.1) v k f e f a q n i f f o v y (3.1)
29	tr&f pof	tr&f pof	tr&f pof	tr&f pof					

ክፍል	የ[ክፍል] አ&ንቀፅ	አ&ንቀፅ	አ&ንቀፅ	የ[ክፍል] አ&ንቀፅ	የ[ክፍል] አ&ንቀፅ	የ[ክፍል] አ&ንቀፅ
3.2	የ[ክፍል] 3.2 ተሸጻሚያ ተረም በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ	የ[ክፍል] 3.2 በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ	የ[ክፍል] 3.2 በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ	የ[ክፍል] 3.2 በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ	የ[ክፍል] 3.2 በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ	የ[ክፍል] 3.2 በደንብ የዕቅድ መ&ሰንድ ስርዓት አ&ንቀፅ
3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3	የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3 የ[ክፍል] 3.3

trSif pof	r [mA[m&nfcsufr(3.4) t xnfifkfe@ckfEsf t wifitaxmuf uylonh ai&: t zif pnfmay:xuf vma&: pnfifkfe&ef	aqni &sf cuftrñf	v kfefaqm i &psufr:	aqni &sf cuftrñf	v kfefaqm i &psufr:	outqñm:	umv	0pifay tqif (1?2?3)	
3.4	jrefmift xnfifkfe&ef taezi pñfia&: zifwif vif yfao t&it Efsufr vif kif wifitaxmuf ai&: t zif pnfmay:xuf vma&: pnfifkfe&ef	aqni &sf (3-4-1)	t xnfifkfe&ef: t zif pñfia&: pñfia&: yayif cswifitavif wif aqmifci f xifwifitaxmuf t wifitaxmuf oufmoontwif a&: acaifjev mny, qy&fimv&sf Owf&sfifjci fwif rñf&sfma&: vif vif kif wifitaxmuf vif kif wifitaxmuf	t xnfifkfe&ef: t zif pñfia&: pñfia&: yayif cswifitavif wif aqmifci f xifwifitaxmuf t wifitaxmuf oufmoontwif a&: acaifjev mny, qy&fimv&sf Owf&sfifjci fwif rñf&sfma&: vif vif kif wifitaxmuf vif kif wifitaxmuf	t xnfifkfe&ef: t zif pñfia&: pñfia&: yayif cswifitavif wif aqmifci f xifwifitaxmuf t wifitaxmuf oufmoontwif a&: acaifjev mny, qy&fimv&sf Owf&sfifjci fwif rñf&sfma&: vif vif kif wifitaxmuf vif kif wifitaxmuf	SC & SD Committee	2026- 2034	2	
		aqni &sf (3-4-2)	t xnfifkfe&ef: t zif pñfia&: tñif wif ai&: t zif pñfia&: tñif Efsufr, yif kif wifitaxmuf vif kif wifitaxmuf	t xnfifkfe&ef: t zif pñfia&: tñif wif ai&: t zif pñfia&: tñif Efsufr, yif kif wifitaxmuf vif kif wifitaxmuf	t xnfifkfe&ef: t zif pñfia&: tñif wif ai&: t zif pñfia&: tñif Efsufr, yif kif wifitaxmuf vif kif wifitaxmuf	enfymt opfifjizif vif kif wifitaxmuf Efsufr, tñif wif & i fñfifjci f oñif ay on fi aifm: t zif t pñft a&t wif ai&: t zif pñfia&: & i fñfifjci f oñif ay on fi aifm: t zif	SC & SD Committee	2026- 2034	2
		aqni &sf (3-4-3)	tñif wif jrefmift xnfifkfe&ef t oififkfe&fifjci f vif kif wifitaxmuf vif kif wifitaxmuf	tñif wif jrefmift xnfifkfe&ef t oififkfe&fifjci f vif kif wifitaxmuf vif kif wifitaxmuf	tñif wif jrefmift xnfifkfe&ef t oififkfe&fifjci f vif kif wifitaxmuf vif kif wifitaxmuf	pñfia&: wif wif ai&: tñif wif onftao:pñifjci f t xnfifkfe&f ta&t wif	SC & SD Committee	2026- 2034	2

tr&f pof	r[mAl n &nbf; r[f;	&nfc;fpo;	aqm f cuf r&f	Vkfefaqm f f;fpo;	vjkfcpnif tuk;v' f	ouqkkn;	umv	0pmay; tqin (1?2?3)
3.5	r[mAl n &nfc;fpo;(3.5)	toi f[; taeji f[;f[;f[;	aqm f cuf r&f	aqm f cuf r&f	ai & ;al; ;a&0efqmi f[;y;oh;E;f;	tpnft a0;Efcrf tem; t a&t wlf	SC & SD Committee	2026- 2034
3.6	r[mAl n &nfc;fpo;(3.6)	jrefmt x n f[;f[;f[;f[;	aqm f cuf r&f	aqm f cuf r&f	jrefmt x n f[;f[;f[;f[;	tpnft a0;Efcrf tem; t a&t wlf	IR&PPP, Pty&HRD Committees	2026- 2034

ପ୍ରାଚୀନ ଶାସକିରେ

tr&f pof	r [MAU] m&n&i ပြပါ။	&nf&ccap;ပါ။	aqmī ပြပါ cauf&r&f	vkfeaqmī ပြပါ။	vkfeaqmī ပြပါ tukkā'f	aqmī ပြပါ (4-5-2)	vkfeaqmī ပြပါ။	toiflifm̄ taejih tukkēft v̄k̄t̄m̄l̄m̄ t̄yeft v̄k̄t̄v̄p̄r̄ḡ aom̄qab̄ t̄p̄n̄d̄k̄ &deallum̄ f̄r̄f̄on̄ nḡft̄p̄r̄ta0,r̄j̄	IR & PPP Committee	2025- 2034	1
4.6	r [MAU] m&n&i ပြပါ။	jrefm̄Esf̄t̄x̄n̄f̄k̄f̄e&f̄s̄t̄ wm̄oef̄ W̄oef̄S̄t̄k̄f̄w̄s̄ūf̄ cr̄f̄ci f̄k̄t̄l̄ūd̄b̄; ȳk̄t̄ aūm̄f̄v̄m̄a&t̄w̄l̄f̄ ap̄m̄f̄v̄m̄a&t̄w̄l̄f̄	t ujzw̄f̄i fr̄b̄l̄i t̄k̄&q̄ taum̄it x̄n̄f̄z̄i c̄i z̄i h̄ toiflifm̄ Esf̄t̄Esf̄t̄ t x̄n̄f̄k̄f̄k̄f̄e&f̄s̄t̄ toif Esf̄t̄ūp̄v̄k̄ w̄l̄ūf̄m̄oef̄ wm̄oef̄fr̄i fr̄ūn̄v̄m̄r̄n̄f̄	aqmī ပြပါ (4-6-1)	yek̄l̄ūm̄ r̄f̄b̄l̄ōl̄ [m̄j̄r̄ūf̄ vk̄f̄ōp̄i cauf̄m̄, p̄k̄ aum̄it x̄n̄f̄ az̄m̄i f̄es̄t̄ ōi ifi f̄m̄Esf̄t̄Esf̄t̄ t x̄n̄f̄k̄f̄k̄f̄e&f̄s̄t̄ toif wm̄oef̄ W̄oef̄S̄t̄k̄f̄w̄s̄ūf̄ &nf̄ fr̄ūf̄i f̄ōk̄t̄ k̄f̄ t ujzw̄f̄i fr̄b̄l̄i t̄k̄&q̄t̄aum̄i t x̄n̄f̄z̄i c̄i z̄i h̄	SC & SD Committee	2025- 2034	1			

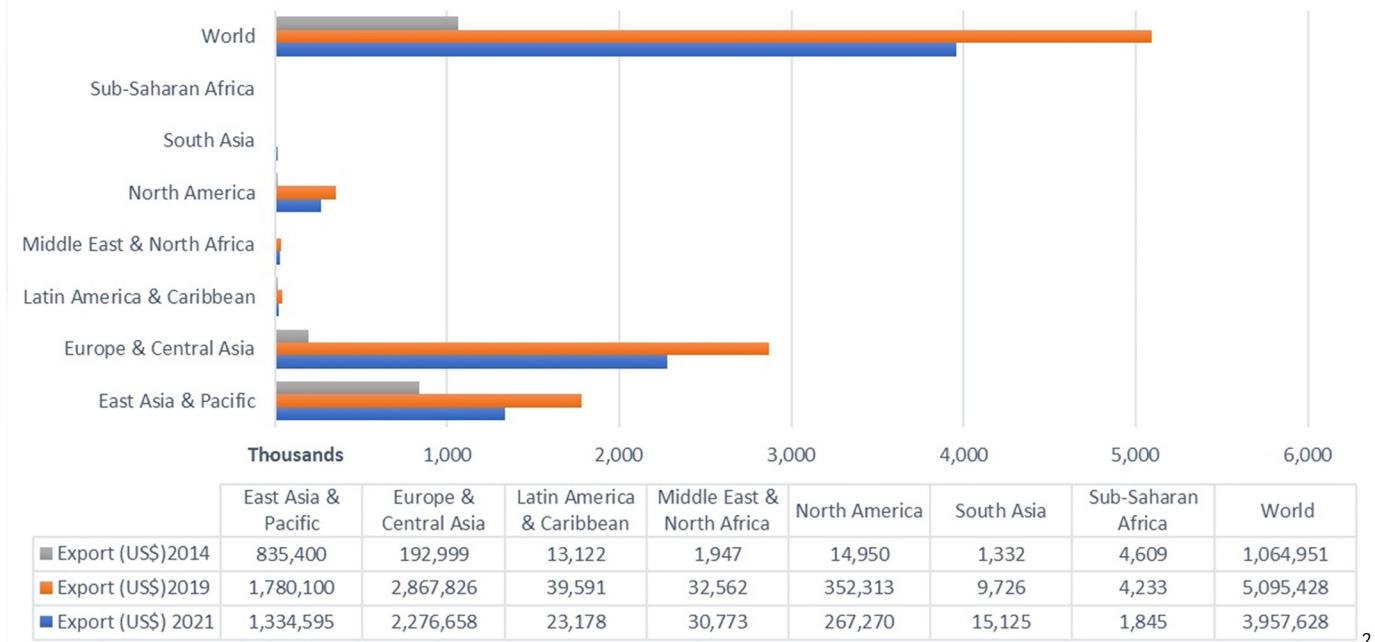
။နှစ်သတ္တု၏မေးသယ်အံ့ပါးလောင်အတွက် မြန်မာရှိရှိမှုပါ သံနှစ်နှစ်ရွှေ့ထွေးလောင် ။

5.1	SC & SD Committee	2025-2034	Op̄may- tqin (1723)
5.2	SC & SD Committee	2026-2034	2
5.3	SC&SD, Pdty & HRD Committees	2026	2
5.4	SC & SD Committee	2025-2034	1

ଫୋର୍ମଲେକ୍ ପାଇସିଂ

၁။ လက်ရှိအနေအထား

ဒေသအလိုက် မြန်မာအထည်ချုပ်ကုန္စ ပိုကုန္စတန်ဘိုး ၂၀၁၄၊ ၂၀၁၉ နှင့် ၂၀၂၁ ခန့်ကာလများ



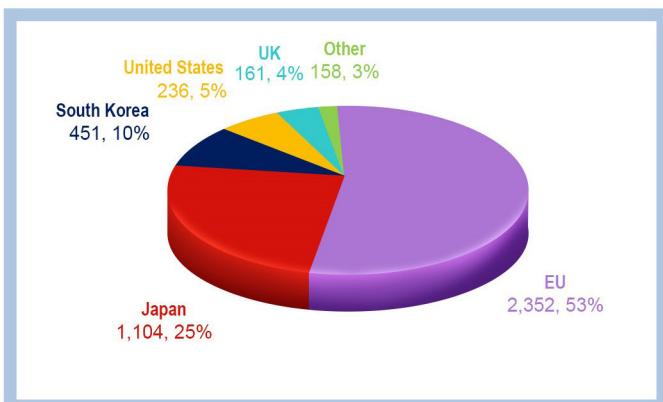
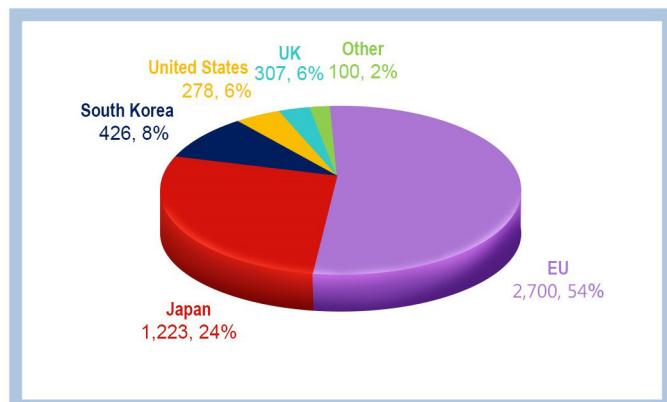
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oofmx i ffonf ylk' kvefbk' i huk' fefmEfn tluDkpsuufm; xhSwpcpbnfba'myEStm&Sbifv, fka' orm; o
2021 cEft wiftar&dief': vñ 0.3 bDst xgl' kvefbk' fponf tjom; wzufi fjmufstar&diowiflymP enfygch
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ajmuftm&d?ta&S vmi ftm&SSm[m&ouEAawmifka' orm; oWiflyl' fponf nft i fwefnfygozi b, f blt ueffowfa
ovm; oW[kwft qka' orm; oWpsuufi &eft cft vrfm; ph&fleonfobmvm; [kar; cbfxkvf&mizpfleyponf

2014 ES 2021 c Esf m; twi foa&my ESh m&S& klf v, fka' orsm; oWif y, i fwi fu feovkt a&S m&SShypzdv' orsm; oWif bnf
vnft v m; wlu wuf lbf wif y, i fbf jrefm t xnf y, kfeft wulf "diapsu lufvck jzpf t a&S m&SShypzdv' orsm; ubd
0a&my\ tcef u@u kbf am i fx kyaeyponfajmuft ar&d taejzi frefm t xnf y, kfeft wufapsu lufyf, f, ftaet x m; om
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၂၀၂၃၊ နောက်ပိုများ ဒီဇင်ဘာထိ



EU Japan South Korea United States UK Other

2024 cEsfyfukvweblyf & *yefWifl0nhyrmPavmbof;onfuk awlomvnf *yefnf jrefmtt xnflyfkfef
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4%ESf icm:Esf Hfo 0%qufufi fdkbnfuknawlypnf

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JII မန်မာနိုင်ငံ အထည်ချုပ်လုပ်ငန်းရှင်များအသင်း၏ အဖွဲ့ဝင်ကုမ္ပဏီများအတွက်

လိုက်နာကျင့်သုံးရမည့် ကျင့်ဝတ်စည်းကမ်းများ (CoC)

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to i f i f u k P D m; w i f t v k f o r m; r s m; t m; 4 i f & q E r y o i b l t w i f t " r o d a p r h s n; u k l w i f l u y f b l w m; j r p b o n f t v k f o r m; r s m; t m; t " r o d f c i f r y l & e f r a q m i & l u f y u t j y p a y j c i f t M u r f z u f l y l c i f o l l [k v l l o d f a j c m u f h s n; r j y l & t v k f o r m; r s m; t m; t v k f c e R m; & m w l f v k f e f u k P D m; r s a y a i @ w m i f c k x e f o d f x m j c i f r S v k l i f s m; x e f o d f x m j c i f E S f t j c m; a o m y R k A & p m & l u p m w r f r s m; ? y p o r f s m; u k l x e f o d f c i f s m; v n f r j y l v k f & t v k f o r m; w l f o n f t v k f l w k l u f m w l f o y a ' w l f o w f s v k m; a o m u m v t y l k f t j c m; t w i f t v k f & S f k B u k l w i f t a l u m i f l u m; l y D u t v k f l w k l u f l l o n f

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yksft vlfelit wluvjkf; m; con fmcllyqk; m; aom vlfvpm (o[k] w&m;0i fowfS/fk; m; aom tenfqklt call; ai & t muf avslanfc i fr&ablay; ac&eft vlfvpm; rsm; \ vlfvpm; rsm; \ vlfvpm; rsm; \ vlfvpm; rsm; twlfut qj fiyacmarbUn; n; nfvrzj h tcfay; ac&rnf vlfvpm ay; &mw! fvnf tvlfvpm; wpflosi fpf wlfut tao; pd; ft csuft vufm; ukt vlfvpm; em; vnEif atmi &Svi faznfyay; &rnf tvlfvpm; rsm; \ vlfvpmrSv&m; r0i aom? tallumi fqfDvsmf& aom? (txlojzi lfnfurfxefodfa; twlfai all; izwfwmuft; m; riyvlf/

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a o m t r m; q k l u b w Å w f k y i f t v k f c e l b m&(30)⁵ x d t v k f c e l b v k f b k s t w w E f k b m; o m; r n f

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⁵ Article 2, Hours of Work (Industry), ILO Convention (NO.1), 1919

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7/wpq i bHief%kHfmjtjzpf&rfrbHmrdj

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oi ꝑwꝑfom ouq ꝑ tꝑt pnf; \ tultnꝑi fukꝑm; onfþusi ꝑwþukꝑt wif ydha&m? ukꝑt jy i fþyg vwfþy ꝑ taumi fknfzmaqmi fñt Ebf

10/ tʃi i fθɪ;rθsm;?epθemrθsm;Eθɪvθlθm;rθsm;

tvkform;rsn;onfpuk~~fl~~Dj rsn;? vfkx~~fl~~kenfrsn; (or[kf tvk~~fl~~ft ajctaersn; EsywboulyDt qifajyrhsn;&ju xkvfzmf tallumi flum;c~~fl~~snfrtnfazm~~fl~~y&efv~~fl~~om tulya0zezsufsn; &&E~~fl~~eft wlu~~fl~~p~~fl~~ki fp~~fl~~ft lu~~fl~~mpx n~~fl~~efao~~fl~~w(y)bxm;
&ibnfuk~~fl~~Dm;onfpuk~~fl~~Vkform;rsn;Esyoubq~~fl~~omepemrh~~fl~~sn;tay:aqmi flusy;rE~~fl~~aqmi flusy;E~~fl~~hsn;u~~fl~~lvu~~fl~~tmi f taumi ft xnfazm~~fl~~y&rnfwplDvp~~fl~~, mufsi fp~~fl~~xkvfzmfajymllum;rhsn;u~~fl~~Pewjcf(or[kf frnbnfuvk~~fl~~je*c*frljyk~~fl~~/

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&sfm; to ifofnbnit celvifqklkls fwkfpaw, fzkfzifpap trnfazmif&efvlyfbq, fg Eksbnf

11/jyifqijfcifESftoalyjci f

busi ~~fwf~~ stefmbomopumjzi busi ~~fwf~~ fwm; & rnfzpl Drsn; jri fomaom t vkcj ae&mrn; w~~f~~ fyoxm; & rnfuk ~~fwf~~ taejzi h
busi ~~fwf~~ fygi fomweb ~~fwf~~ sponfrsn; fprnfurfrsm; ukt vkcbrm; rsm; tm; Elwjei ~~fwf~~ sy&rnjzpfbv ~~fwf~~ tyfuoi fwefay; & Sfy&rnf

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tzLUE60jyefnbfLbm;vklfyuyi qifLbm;jykLbm;rnjzpfonf



၃။ နှစ်အလိုက် အကောင်ထည့်ဖော်ဆောင်ရွက်မည့် တစ်နှစ်တာအစီအစဉ် ပယားနမူနာ

r [mAf [mtpBp0fsm; a&:qlyDnESttaumi ft xnfz:aqmi &ufnftpBp0fsm; onfvnf a&:qlyDpBf i Bnf &i fuBf vBf tao; pBf&:qBf m; &rnfE60fttaumi ft xnfz:aqmi &ufnftpBp0fsm; ftnufgtcsufsm; yBf i &yrf

þE60ftaumifxnfaz:aqmiflufnftþp06nfyk6qefppþkþyfe&efvþtþyfþnfxtwltceSvajy;nþjymifvþyiqif
ay:&efvþtþyjyiqifl60nf&lfpmwrfwcþþp06a;&qþiþnfxb6l;qþiwif,cieFSvkþeftaumifxnfaz:rþsm;ay:
taicwnþnfnaþmififþm?oifefpm,bifnfsm;uþknþf0fpm;a&qþiþrnfþbñnf



၄။ စီမံခန့်ခွဲမှု ဖွဲ့စည်းပုံ

၄-၁ ॥ အလုပ်အမှုဆောင်ကော်မတီနှင့် လုပ်ငန်းကော်မတီများ၏ အခန်းကဏ္ဍ

4-1-1/jrefmEufHxnflyfkf&Sfm; toifA tvkfraqmifumfwD

jrefmEltHt xnflykfe&S; toifA t v kfraqmi fumfwBn jrefmEltHt xnflykfe&S; toifA zphfyHajccH
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v̄p̄fȳk̄t̄pn̄ft̄ā; j̄ȳk̄f̄ēz̄p̄f̄j̄on̄f̄tā; aȳc̄ūf̄sīfāq̄m̄īf̄l̄ūf̄v̄t̄lȳb̄n̄f̄p̄b̄ȳaȳūf̄m̄ȳū tā; aȳt̄pn̄ft̄ā; ac̄; M̄V̄k̄f̄ēz̄p̄b̄n̄f̄

Opamifol

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2/jyÓ emajz&Sfcif

r̥ mAd̥ m&nfsfsuſm; Esq uſyfwbubnbfclc:rhm;?jyó emrm; ul̥iz&S&eſzpfnf

3/r [mʌs] [maz: × kvi:f]

r[mAd[m&nfsfcsufm; ukt aumi ft xnfzonh v kfeat pD0fm; az:xkvjci fEStaumi ft xnfzaqmi &uicifwViftaxmuf
tuby;urnf

4/ylaygi faqmi &ujci f

v̄t̄ȳf̄v̄t̄j̄m̄;āōm̄ōūq̄b̄n̄f̄t̄z̄t̄p̄n̄f̄m̄?v̄k̄f̄ēāūm̄f̄w̄B̄m̄;ĒS̄m̄;b̄f̄āȳj̄f̄p̄ȳf̄q̄m̄f̄l̄f̄n̄f̄z̄p̄n̄f̄

5/qjzlwfsufsrS/jcif

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zinfykl

toififufk fm;v\$ BODSOt xgofifDaumfwDf fklonft vjfrqmi fumfwDf fsi; jzp&yrnf

tpnfta0;
ac:, |cif

vþóft þnft a0; ukt vþóft rþqmi ðumfwþþpnft a0; rusi fyrðrþqmi &rnf vþóft yfu ta&ay:
tþnft a0; ac; &rnf

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tjyñfñqñfñowi ftçuñt vñuñ[tñejzpfjrmuññ; vñkñfeauñfwD

t "d i w m 0 e f s m ;

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zBnfykH

to i f i f u k fm vS BOD SOD x d o i f f a u m f w D f k D o n f t v k f r a g i f a u m f w D f s i j z p & y r n f

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ac;. kif

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08amifl

au_imfwDrei_foto_mif

v̄h&:pEfr̄m;Esa&&ñfwnfHf̄homzNwvuf&qf̄v̄k̄feauñfwD

t "di w̄m0efsm;

zinfykl

to i f i f u h f m; v S B O D S O E x d o i f f D a u m f w D i f l o D o n f t v k f r h q m i f a u m f w D i f m; j z p & y r n f

tpnfta0;
ac;, |cif

vþ0ftpnfta0;uþt vþfraqmiðumfwþpnfta0;rusiþyrvþaqmiðrnfvþtýfu ta&ay:
tpnfta0;ac., &rnf

Olaqmi fil

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uk&kvft m; E&f ft m; t & i ft ipf m; v&w u& v kfe faum fwD

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v^kf^m; x^kl^uhf^ssi f^m; j^rsvi f[&]; u^kref^m x^kn^ky^kfef v^pft^m; t[&] i^tjrpfz^m^k& pif^m (oi f^wef
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zinfyki

to i f i f u d f r y s b o p s o e x m i l f a u n f w o f l o p n t v k f r h a m i f a u n f w o f r i z p f y r n f

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ac;. lci f

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Opamifol

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zipfykl

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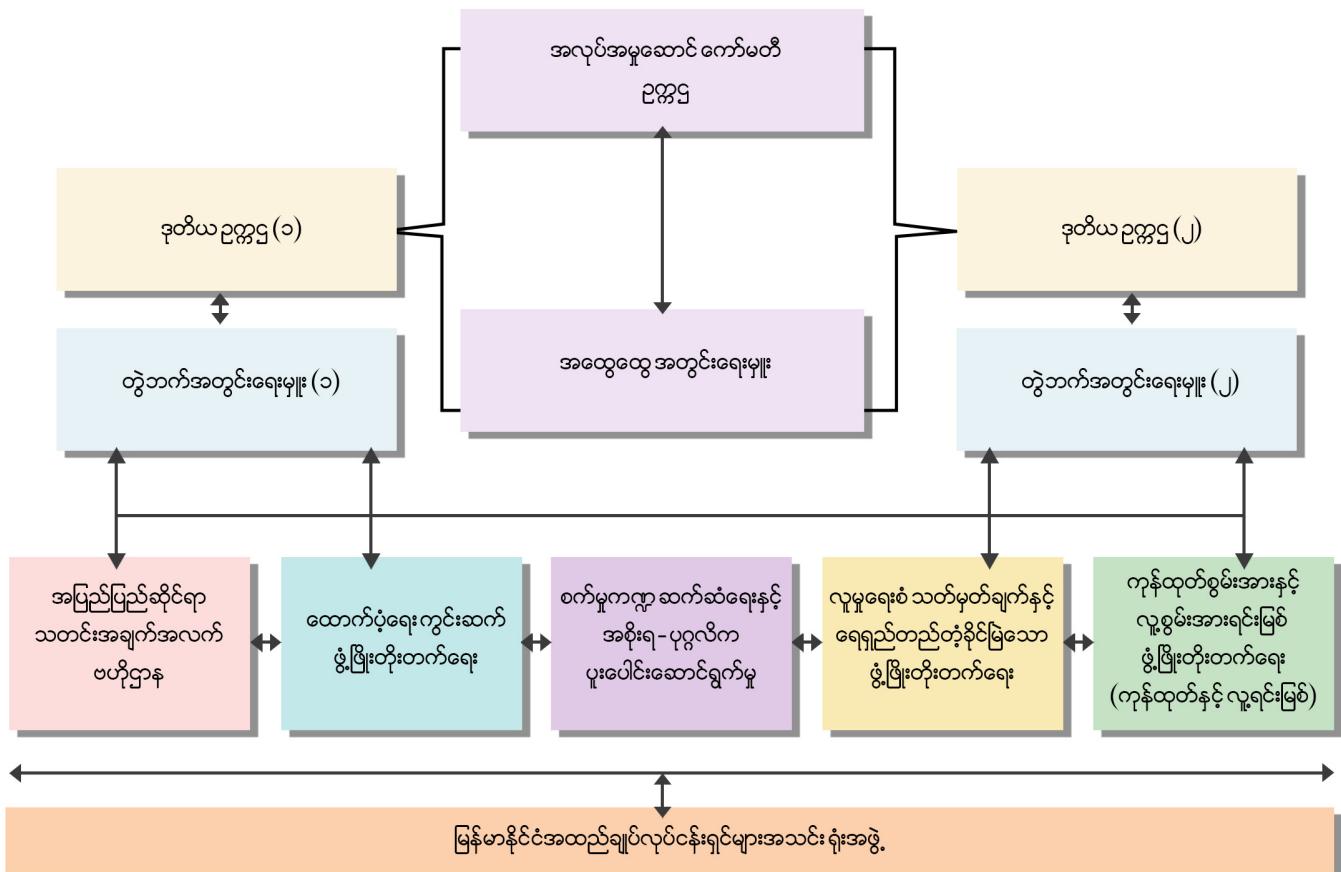
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tpnfta0;ac, &rnf

Olamib

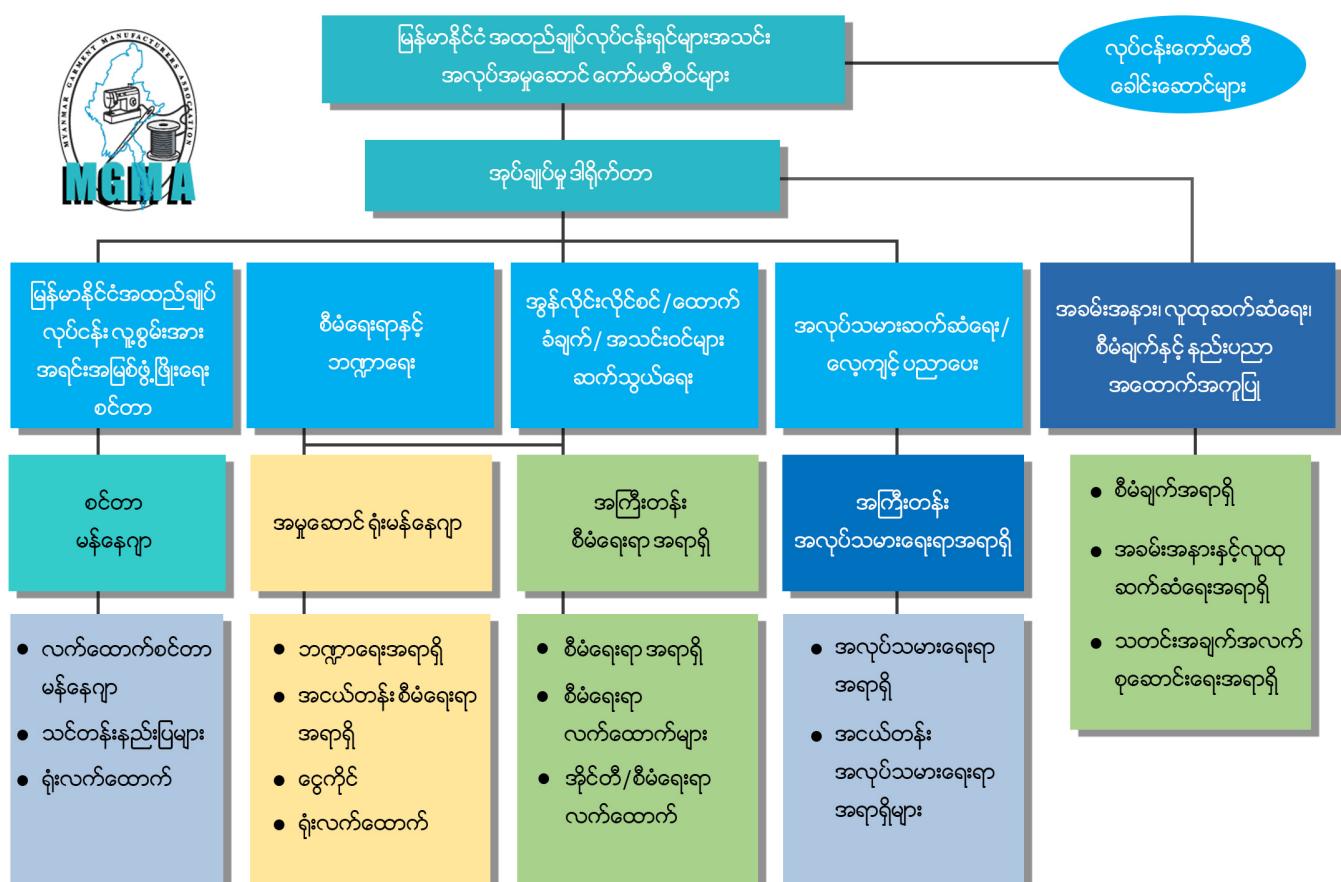
aumfwDcqi faqmif



၄.၁.၃။ လုပ်ငန်းစီမံခန့်ခွဲရာတွင် ဆက်သွယ်ချိတ်ဆက်မှုပုံစံပြဿား



၄.၁.၄။ အသင်းအုပ်ချုပ်မှုပြဿား



၅။ မဟာပျိုဟာ အစီအစဉ်ကို စောင့်ကြည့်နိုးဆော်ခြင်းနင့် ပြန်လည်သုံးသပ်ခြင်း

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p@fr@? t@em* w@f@ES@ n@nsu@rf@p@f@ (an@nsu@ES@n@& esu@)	v@yf@m	E@p@f	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ au@fw@D@ f@;
E@f@? p@D@; a@; v@h@; ?enfyn@?ob@o yw@efusi@ E@ya' a@; &mw@ k@crfp@/f@m qefpp@f	v@yf@m	E@p@f	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ au@fw@D@ f@;
r[m@l[myefw@l@f@; E@n@& esu@f@;	v@yf@m	E@p@f	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ au@fw@D@ f@;
yl@jrmu@rn@v@k@fe@f@;	v@p@f	ok@ywe@E@p@f	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ v@k@fe@au@fw@D@ f@;
z@h@y@l@ya' E@owf@S@su@f@;	v@yf@m	ok@p@p@uf@ (t@raqmi@f@ z@u ou@fr@f@S@n@D)	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ au@fw@D@ f@;
b@ma@; t@p@p@f@;	ok@wp@j	E@p@f	t@k@lyfl' @ku@fm@S@ v@k@t@raqmi@ au@fw@D@ f@;
t@i@fr@p@v@t@y@su@f@; E@aq@mi@f@u@n@h t@p@p@f@	v@p@f	aj@mu@v@wp@j	t@k@lyfl' @ku@fm@S@ t@u
ok@y@f@f	v@p@f	E@p@f	t@v@k@t@raqmi@au@fw@D

၆။ ထိနိုက်ဆုံးရှုံးနိုင်ခြေများအား ဖိမ်ခန့်ခွဲခြင်းနှင့် လျှော့ချုခြင်းအစီအစဉ်

6-1 xckEsfca vnyap&ejyi qijci fv k fespoft q i h;

tem*wfvi ft oif tzi fsi EStoi fu k lufzpfay:apEh on fca q i h; jri hvufvijci fo i k wfpay:vnEh on fta jct ae
rmu h uN&on ft cg xckEsfca vnyap&ejyi fespoft v k traqmi au fwQlu Uyfrfnfjzi fatmuaz:jyyg
tqi h; tw h; jyi q i h; o i h; onf



(1) ~~xcluſiſonfumulz: xlvjſiſ~~

01

02

(2) ~~the following specific~~

az:x k w f & S n ft csuf w cks i f z jp E S d u a & mu f L k h e p p y r nf x H u m u t c u f
w cks i ft v k l y i f x e f E S z p E S j c t a y: t a j c H O p m a y: t q i f u k w f S f y r nf

(3) ~~×dɪd fɪkɪlɪ həv smθɪŋ ap&ef [mAd [mrsm; cslsʃ/fɪf i f~~

owfsvfxm;onDpm;ay;tqifitvkloufa&muflzpfE&iculdnfbwvlnbf
ao;i, ftmifvlyfnuktao;pdlf[mAf[ma;&qyf tqlf[mAf[mwiflufif
umuG fltptDrlm;ta;ay:tptpofm;ESft&i ftjrpfm;cl0ici fwvDlif&yrrnf

03

04

(4) *v k f e ft pθ pθ ft a o; p d v f& q k i f*

a&qfsm;onfcdqfHhavsmbyap&ef [mAd [mrs; tvldftao:pd/fvlyfefpoEkd
a&qfymw0e&S1sm?owf&/fmvrsm?tqi fvcksi ftwlfvlybnft&iftrpfsm;
poizi fdi&ygrnf

(5) *quəbG f&;q^kvrfaMumifsm;owfS*f**

toififism; Esd ekrftm; v kdmruqufywdufeoltm; v kld; qkm onh
xdklqkHavmbyap&ef [mAd [mrm; Esd xdklqkHabnf; ukt oaly; ygt cself
ESt wajy; nDnfbt; qufb; ftallumi flum; rnfrnbnfnvr fallumi fukt; oly; nDnfbt;
&S&Sf; i fvi fzofvrmnf

05

06

vkfefn0fukami&ufc

v k f e p o f u l q m i & u & o n f t c g a & ; q k x o n f t w l q a q m i & u f y p p / x a & m u f & & d
o l k f e t a u m i f t x n f z a e o n f u l p m i l u n f l q m i c i f v k f e & y r n f

(7) application for a copy of

x~~d~~~~q~~~~l~~~~H~~~~v~~~~m~~~~y~~~~g~~~~a~~~~p~~&~~e~~ [mAd [mrs; u~~d~~qmi & u~~f~~eon~~n~~ t~~a~~c~~t~~ a~~e~~ S~~x~~ a~~m~~u~~f~~u~~k~~
p~~o~~q~~u~~f~~j~~yw~~f~~pmi l~~u~~n~~E~~ q~~m~~ey~~g~~/ x~~d~~~~l~~~~E~~~~b~~~~n~~ t~~a~~c~~t~~ a~~e~~ t~~o~~p~~f~~m; ay: x~~U~~f~~m~~j~~c~~i f
o~~k~~ l~~w~~f~~t~~ a~~j~~c~~t~~ a~~e~~r~~m~~; aj~~m~~i f~~v~~l~~m~~j~~c~~i & S~~U~~~~l~~~~k~~~~E~~ q~~e~~p~~p~~f~~l~~yD&q~~b~~~~k~~~~m~~ o~~n~~f~~v~~yf~~e~~p~~o~~f
u~~k~~~~U~~y~~b~~~~v~~~~U~~~~l~~~~l~~~~g~~~~i~~&y~~r~~~~n~~~~f~~

07

08

(8) w^kjeſſuſm&, jci ſeſſt em*wfvi ſklumi frēſp&ejſy i fi jci f

x¹ d² q³ h⁴ f⁵ l⁶ k⁷ v⁸ y⁹ w¹⁰ b¹¹ t¹² h¹³; x¹⁴ b¹⁵ v¹⁶ y¹⁷ f¹⁸ t¹⁹; u²⁰ k²¹ q²² m²³ f²⁴/
& v²⁵ f²⁶ l²⁷ c²⁸ r²⁹ p³⁰ d³¹ z³² m³³ n³⁴ o³⁵ i³⁶ s³⁷ u³⁸ f³⁹ m⁴⁰ n⁴¹ r⁴² q⁴³ h⁴⁴ p⁴⁵ e⁴⁶ t⁴⁷ c⁴⁸ i⁴⁹ f⁵⁰ v⁵¹ k⁵² f⁵³ p⁵⁴ o⁵⁵ f⁵⁶ s⁵⁷ u⁵⁸ i⁵⁹ f⁶⁰;
y⁶¹ k⁶² u⁶³ f⁶⁴ r⁶⁵ e⁶⁶ f⁶⁷ n⁶⁸ b⁶⁹ l⁷⁰ t⁷¹ o⁷² h⁷³ v⁷⁴ y⁷⁵ u⁷⁶ v⁷⁷ k⁷⁸ f⁷⁹ p⁸⁰ o⁸¹ u⁸² i⁸³ f⁸⁴



vol6m

w, f/~~left~~trS/f +95 12314829?+95 12300253?+95 9443399441?+95 9443399442

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